

I Don't Like This Food

A social story for Kairav — What to do when I don't want to eat something on my plate



1

I look at my plate. This food is different today.



2

My tummy says no thank you. That is okay.



3

I can say no nicely. I press my button.



4

Mama brings different food. She understands my no.



5

I eat what I like. Tomorrow we can try again.