

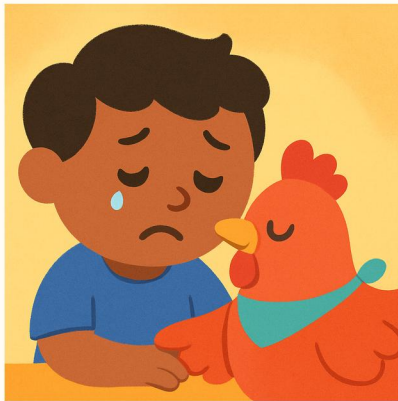
My Sad Feeling

A social story for Kairav — Understanding and expressing sadness when the cause is unclear



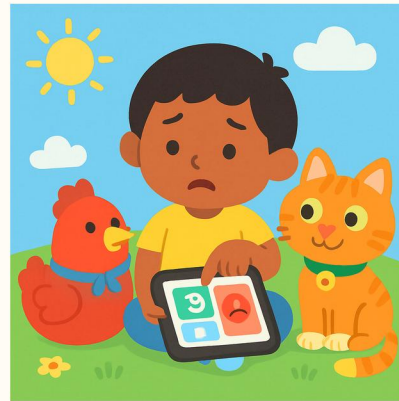
1

Sometimes my eyes feel wet. A sad feeling is inside me.



2

I feel sad in my chest. That is okay.



3

I can tell someone. I tap 'sad' on my Avaz.



4

Mummy asks if I want a hug. I nod yes.



5

The warm hug helps me feel better. Sad feelings can live with hugs.