

My Yearly Checkup

A social story for Kairav — Going to the doctor for an annual physical examination



1

Today I go to the doctor for my checkup. I stand on the scale to check my weight and height.



2

The doctor listens to my heart and lungs. I breathe in and out slowly.



3

I open my mouth wide. I can say 'ahhh' or tap on my Avaz to help.



4

The doctor checks my ears and eyes with special tools. I sit very still.



5

All done! The doctor says I am healthy and good. I feel proud and happy.