

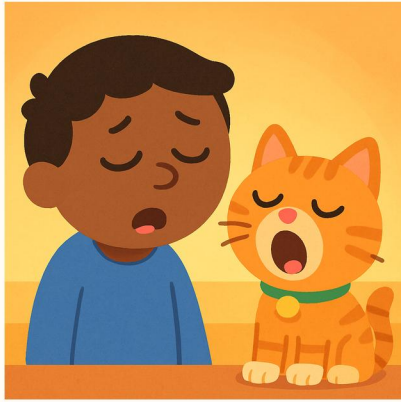
I Am Tired

A social story for Kairav — recognizing tiredness and asking for rest



1

My eyes feel heavy. My body feels slow.



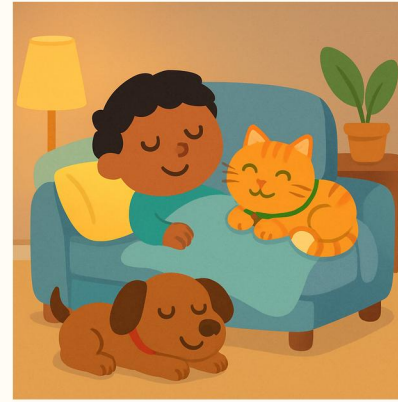
2

This feeling is called tired. Being tired is okay.



3

I can tell someone I am tired. I can tap 'tired' on my Avaz.



4

I can rest on the sofa. My animal friends rest with me.



5

After rest, my body feels better. I feel ready to play again.