

Mama's Special Day

A social story for Kairav — Understanding when Mama fasts for special occasions and that it's okay



1

Today Mama is fasting. She has no food or water until evening.



2

I feel confused about Mama not eating. That is okay to feel.



3

I can ask Mama about her fast. I can use my Avaz to say Mama okay.



4

Papa helps me at lunch time. Mama is still happy even with no food.



5

In the evening Mama eats again. She gives me extra hugs and love.