

My Skin Is Itchy

A social story for Kairav — what to do when my skin feels itchy and uncomfortable



1

My skin feels tickly and scratchy. It is itchy.



2

I can point to the itchy spot.
I can show where it hurts.



3

I can tell Mummy on my Avaz. I can ask for help.



4

Mummy brings cool cream.
She puts it on the itchy spot.



5

I rub gently. No scratching.
The itch feels better now.