

My Tummy Hurts

A social story for Kairav — Communicating stomach pain and finding comfort



1

My tummy feels crampy and uncomfortable. I hold my tummy with my hands.



2

I can tell Mummy on my Avaz. I touch the hurt symbol and point to my tummy.



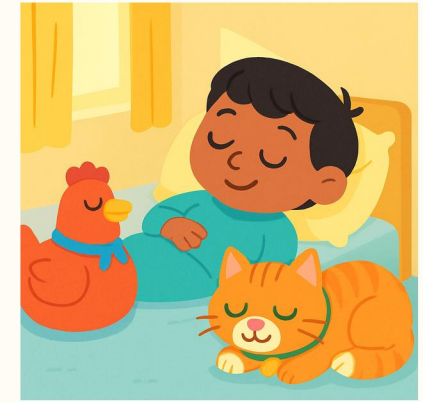
3

Mummy asks me if I need the bathroom. Sometimes that helps my tummy feel better.



4

Mummy puts a warm cloth on my tummy. The warmth feels good and helps the hurt.



5

I rest on my side and breathe slowly. My tummy hurt gets smaller and I feel better.