

# I Can Ask For Help

A social story for Kairav — Teaching how to request help from teacher when feeling stuck at school



1

I am at school working on my worksheet. Sometimes the work feels hard.



2

My hand feels stuck. I do not know what to write. I feel confused.



3

I can ask for help. I pick up my Avaz and tap 'help please'.



4

My teacher comes over. She shows me the first problem. I can try now.



5

I am working on my math. Asking for help was brave. My teacher is happy to help me.