

My Cheeks, My Rules

A social story for Kairav — Setting boundaries when adults want to touch my face at family gatherings



1

Some aunties and uncles like to pinch my cheeks. I see their hands coming toward my face.



2

I do not like that feeling on my cheeks. My body belongs to me.



3

I can fold my hands and say namaste instead. I can tap 'no pinch!' on my Avaz.



4

Mama stands close to me. She says 'no cheeks please' to help me.



5

My family respects my body. I feel safe and happy. I can enjoy time with everyone.