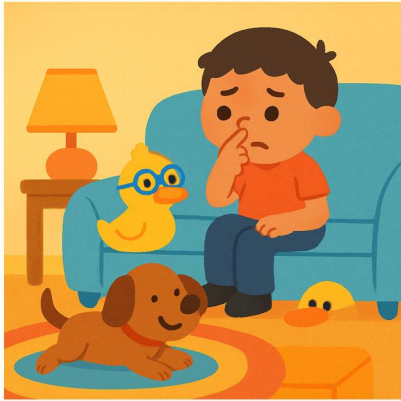


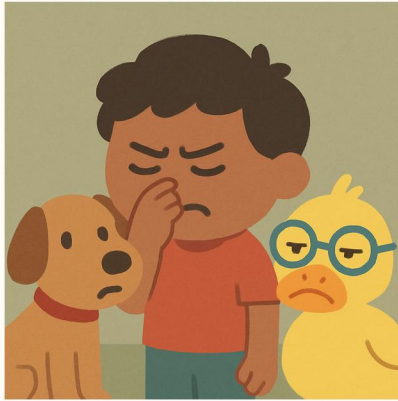
# This Smell Is Too Much

A social story for Kairav — What to do when a smell feels overwhelming and how to find relief



1

Sometimes a strong smell comes into my room. My nose notices it right away.



2

The smell feels too strong for me. That makes me feel uncomfortable.



3

I can tell someone about the smell. I tap 'smell' and 'too much' on my AAC.



4

I can walk to the window. Fresh air will help me feel better.



5

The fresh air feels good in my nose. I feel okay now.